

## Typical day on a residential programme\*

8.15 - 9.00	<b>Breakfast led by a trainer</b>
9.00 -10.30	<p>Oral communication activity (Part 1)</p> <ul style="list-style-type: none"> <li>☼ Working on oral comprehension using subject – matter adapted to trainees’ needs requirements: current affairs, films, songs, etc.</li> <li>☼ Using oral comprehension to work on summaries, presentations, expressing opinions, debates</li> </ul>
10.30	<b>Break   Communicative activity led by a trainer</b>
11.00 – 11.45	<p>Oral communication activity (Part 2)</p> <ul style="list-style-type: none"> <li>☼ Working on oral expression using subject – matter adapted to trainees’ needs: case studies, role plays, etc.</li> </ul>
11.45 – 12.30	One-to-one tuition / Multimedia session
12.45	<b>Lunchtime debate led by a trainer</b>
14.00 - 15.30	<p>Written communication activity</p> <ul style="list-style-type: none"> <li>☼ Working on written comprehension using subject – matter adapted to trainees' needs: articles, job offers, specific documents, etc.</li> <li>☼ Working on written expression: document analysis, drafting summaries, e-mails, CVs, tweets, e-books, etc.</li> </ul>
15.30	<b>Break   Communicative activity led by a trainer</b>
16.00 - 16.45	Workshop dealing with specific difficulties: pronunciation, grammar, exam preparation, vocabulary development, etc.
16.45 - 18.15	Sports, cultural, and relaxation activities: keep-fit, mountain biking, climbing, visiting a town or museum, hosting guests, etc.
19.00 – 19.30	Press review

19.30 – 20.30	<b>Dinner led by a trainer</b>
20.30 – 22.00	<p>Themed activity</p> <ul style="list-style-type: none"> <li>☼ Sunday: speed dating</li> <li>☼ Monday: intercultural profiling</li> <li>☼ Tuesday: negotiation activity</li> <li>☼ Wednesday: choice of activities (discussion, team building, visit, etc.)</li> <li>☼ Thursday: gala evening with public speaking</li> </ul>

\* Times and activities vary according to the programme chosen  
The weekend (between two training weeks) will be spent on excursions.